



9th September 2025

Dear Parent/Guardian

As you may be aware, children in year 5 are required to have swimming lessons as part of the curriculum. We have managed to secure lessons this year at the new Moorway's leisure centre starting from **Tuesday 16th September**.

The children will be split in to 2 groups and will have a 1 hour lesson, every other week until the summer term. We found that the children had a more quality lesson and progressed faster when having a full hour lesson every 2 weeks. Please see the table below with the dates (you will be informed which group your child will be in).

Group 1	Group 2
Tuesday 16 th September 2025	Tuesday 23 rd September 2025
Tuesday 30 th September 2025	Tuesday 7 th October 2025
Tuesday 14 th October 2025	Tuesday 21 st October 2025
Tuesday 4 th November 2025	Tuesday 11 th November 2025
Tuesday 18 th November 2025	Tuesday 25 th November 2025
Tuesday 2 nd December 2025	Tuesday 9 th December 2025
Tuesday 6 th January 2026	Tuesday 13 th January 2026
Tuesday 20 th January 2026	Tuesday 27 th January 2026
Tuesday 3 rd February 2026	Tuesday 10 th February 2026
Tuesday 24 th February 2026	Tuesday 3 rd March 2026
Tuesday 10 th March 2026	Tuesday 17 th March 2026
Tuesday 14 th April 2026	Tuesday 21 st April 2026
Tuesday 28 th April 2026	Tuesday 5 th May 2026
Tuesday 12 th May 2026	Tuesday 19 th May 2026
Tuesday 9 th June 2026	Tuesday 16 th June 2026
Tuesday 23 rd June 2026	Tuesday 30 th June 2026
Tuesday 7 th July 2026	Tuesday 14 th July 2026

Please carefully read the important information below regarding appropriate swimwear etc.:

Swimwear: must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume and boys must wear swimming trunks/shorts (these must not be below the knee). Please do not send your child in large baggy shorts as these will impede movements

Goggles: we do not advise any children to wear goggles unless there is a valid reason. If your child does wear goggles, they should be able to use them correctly and safely. You will need to indicate this on the attached form.

Hair: Children must have their hair tied back during the lessons and we strongly recommend that swimming caps are worn if children have long hair.

Jewellery/watches: Please do not send any children in wearing any jewellery on swimming days. Please remove any earrings at home. School cannot take any responsibility for any lost/damaged jewellery.

Behaviour: We do have to stress that Moorways staff have very high expectations of behaviour and will not tolerate anyone being disrespectful or misbehaving. With this in mind, continued poor behaviour after a warning will unfortunately result in a review of the child in question being able to continue with their lessons. This is to ensure and prioritise the safety of other children taking part in the lessons.

We would appreciate it if you could complete the enclosed 'Swimming – Parental Information Form' and return it to school **as soon as possible**. If we do not receive the parental information form, your child **will not** be able to attend. If you have any queries please do not hesitate to contact school on admin@oakwoodj.odysseyct.org.uk

Kind Regards
 Mrs Atwal
 Headteacher

SWIMMING – PARENTAL INFORMATION FORM

Childs Name _____ Class _____

Emergency contact name _____

Emergency contact number _____

Medical Information

As part of your child's education he/she will be undertaking swimming lessons this year. It is important that the swimming teacher/instructor has the following information concerning your child:

	Yes	No
<p>Does your child suffer from any medical condition which may affect their safety whilst swimming, e.g.?</p> <ul style="list-style-type: none"> ▪ Asthma (please bring inhaler to every swimming session), ▪ Epilepsy ▪ Sensory impairment e.g. deaf ▪ Grommets (wearing a swimming cap & ear plugs is recommended) ▪ Diabetes, etc. <p>If 'Yes' please give details:</p>		
<p>Does your child take medication on a regular basis?</p> <p>If 'Yes' please give details:</p>		

Swimming Ability: Please tick

Non-swimmer	5m	10m	25m	50m+	Any other awards (please specify):

- Chemicals in the water in swimming pools affect my child's eyes. I give my Permission for my child to wear goggles during swimming lessons and that they know how to use them safely and accept responsibility should my child be injured as a result of wearing goggles.*
- I am aware that my child will not be allowed to wear goggles for specific water or diving activities*
- I am aware that all jewellery is to be removed prior to swimming activities.*

Signature of Parent/Guardian _____ Date _____