

Locality 2 What's On Guide January – March 2012



Alvaston, Boulton, Chellaston, Osmaston/Allenton & Sinfin Children's Centres

Please contact your centre for details of one off courses and activities taking place this new year.

Please note: To support Children's Centres resources, there is a 50p donation per family for each activity.



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Alvaston Children's Centre

Mondays

10.00am – 12.00pm, Adult Numeracy. For further information please speak with reception team.

9.00am – 12.30pm - Weekly Job Centre Plus.

1.30pm-3.30pm, Child Health Clinic. An opportunity to have your baby weighed and speak to a worker from the health visiting team.

Coming soon! Monthly Family Visitor drop-in information sessions

Speech & Language screening available for 2 year olds – please contact Louise.

Tuesdays

Peep One's – Now at Sinfin Children's Centre
Please contact Carole

10.00am – 11.30am NEW GROUP Twinkle to Little Stars. Starting 21 February. For expectant and new mums with babies up to 18 months. Please ask reception for more information.

1.30pm-3.00pm, Messy Play - For children aged 0-5 Years and their families. Come and have fun with messy play activities. We suggest your child wears old clothes.

Fathers and Male Carers Group, 1st Saturday of Every Month. Please see Alan for more information. 3 March – Small launch event, mothers day cards.

Wednesdays

9.30am - 11.30am, Stay and Play. Come along to our stay and play session with your child for fun activities.

11.00am – 12.00pm, Breastfeeding Club. Weekly advice/ support group for all pregnant and breastfeeding mums.

1.30pm-3.00pm, Stay & Play for Teen Parents. Please contact Lisa

1.30pm – 3.00pm, Play and Learn Healthy Eating – 11 January with Claire. A Stay and Play session with a twist. Join in the fun and also learn about healthy eating. Ages 0-5

1.30pm – 3.00pm, Play and Learn Speech and Language – 21 March with Claire. A Stay and Play session with a twist. Join in the fun and also look at communication skills with your child. Ages 0-5

Thursdays

PEEP Groups - (Term time only) Referral/limited places, call centre for more information.

Fridays

9.30am-10.30am, Rhythm and Rhyme - A group for children and their parents/carers to experience music and singing with movement and exercise and discover different sounds with instruments.

9.30am – 10.30am, Toy Library – every fortnight. 6, 20 Jan. 3 Feb. 2, 16 and 30 March. Run in conjunction with Rhythm and Rhyme.

10.15am-11.30am Baby Massage – starts 24 Feb and 2, 9, 16 & 23 March - by referral from Health.

COMING SOON: FROM 24.02.2012 1.00PM – 3.00PM

Mondays

9.30am – 11.00am, Stay & Play with fortnightly Toy Library

**11.30am – 12.30pm, 3rd Monday of every month
Job Centre Plus drop in session**

1.00pm – 3.00pm, Adult Literacy - For further information please speak with reception team.

Tuesdays

9.30am - 11.30am, Happy Tots Baby and Toddler group. £2 payable for activities/refreshments.

1.00pm – 2.00pm, Movers and Shakers. Music and movement with singing and discover sounds with instruments. See **Alan** for details.

12.45pm – 2.45pm, FREEDOM Programme. 9 January for 12 weeks please call Lisa Timperley or centre for details.

Wednesdays

9.30am - 11.30am, Childminders Group (weekly).

1.00pm -2.30pm, PEEP Ones. (Term time only) Referral/limited places, call centre for more information.

1.30pm – 3.00pm, Play and Learn Speech and Language 25 January with Claire. A Stay and Play session with a twist. Join in the fun and also look at communication skills with your child. Ages 0-5.

Thursdays

PEEP Babies & PEEP Twos

(Term time only) Referral/limited places, call centre for more information

Speech & Language screening available for 2 year olds – please contact Louise

10.00am - 11.30am, 1st Thursday of every month. Community Forum Meeting
Your opinion counts - come and share your ideas .

Fridays

9.30am - 11.30am Child Health Clinic. An opportunity to have your baby weighed and speak to a worker from the health visiting team.

9.30am-11.00am Speech & Language Messy Play. By referral only – Please contact Louise.

1.30pm – 3.00pm, Understanding Boys Play. 9, 16 and 23 March.

An opportunity for you and your child to discover:- How boys play, how they explore their world, the differences in how boys and girls play, the learning that takes place during boys play and Ideas to take away and use at home.

1.30pm – 3.00pm, Stay and Play Session with Alan and Barbara. Starting 6 January. Come along to our stay and play session with your child for fun activities.

Fathers and Male Carers Group, 1st Saturday of Every Month. Please see Alan for more information. 7 January – Messy Play Session.



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Chellaston Children's Centre

Mondays

10.00am – 11.30am, PEEP Babies

(Term time only) Referral / limited places, call centre for more details.

9.00am – 12.30pm, 2nd Monday of every month

Job Centre Plus Session, voluntary appointments available. *Please contact centre for more details.*

Speech & Language screening available for 2 year olds – please contact Louise

1.00pm – 2.30pm, PEEP Ones

(Term time only) Referral / limited places, call centre for more details.

Tuesdays

10.00am-11.30am, Learning to Listen – By referral only. Please contact Louise.

11.30am-12.30pm, Breast Feeding Group, Weekly advice/ support group for all pregnant and breastfeeding mums.

1.30pm – 3.00pm – Understanding Boys Play – 21st and 28th Feb and 6th March. An opportunity for you and your child to discover:-, How boys play, how they explore their world, the differences in how boys and girls play, the learning that takes place during boys play and Ideas to take away and use at home.

1.00pm – 2.30pm – Healthy Beginnings – with Sarah Cadle and Health Team. Starting on 10th January – 14th February. 6 consecutive sessions for new parents to socialise and support their babies in the early days.

Wednesdays

9.15am-12.00pm, Childminders Group

10.00am – 11.30am – Baby Massage – 11,18,25 Jan and 8 Feb - by referral from Health.

1.30pm-2.30pm, Rhythm & Rhyme – Music and movement with singing and discover sounds with instruments.

2.00pm– 3.00pm Toy Library Every fortnight. 4, 18 Jan. 1,29 Feb. 14, 28 Mar

1.30pm – 3.00pm, Play and Learn Healthy Eating – 8 February with Claire. A Stay and Play session with a twist. Join in the fun and also learn about healthy eating. Ages 0-5

Thursdays

9.30am-11.30am, Fun For Tots – Small charge payable for activities/drinks/snacks. Come along and have fun.

1.00pm-3.00pm, Child Health Clinic - An opportunity to have your baby weighed, speak to a worker from the health team and meet other parents/carers from the area

Fridays

9.15am – 10.45am – PEEP Two's – Shelton Infant School (Term time only) Referral / limited places, call centre for more details.

Centre Closed Family Visitors are available at Boulton Children's Centre

Fathers and Male Carers Group, 1st Saturday of Every Month. Please see Alan for more information. 4 February – Painting Techniques.



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Osmaston/Allenton Children's Centre

Mondays		Venue
9.15am – 11.45am	Pre-school (£2 per child)	Nacro
9.30am – 11.30am	ESOL Course	First Steps
9.30am – 11.30am	Community Forum (1st and 3rd Monday in month)	First Steps
9.30am – 3.45pm	SafeSpeak Counselling	First Steps
10.00am -12.00pm	Word Processing	First Steps
1.00pm – 3.00 pm	Pre-school (£2 per child)	Nacro
1.00pm – 3.00 pm	Salvation Army Playgroup (£3 per child)	Chellaston Road

Tuesdays		Venue:
9am - 4 pm	Drop-in and interviews with Job Centre Plus	First Steps
9.15am – 11.45am	Pre-school (£2 per child)	Nacro
9.30am – 11.30am	ESOL Course	First Steps
9am - 11am	Stay and Learn Session (For nursery parents only)	Lord Street Nursery
1pm - 3 pm	Pre-school (£2 per child)	Nacro
1pm - 2.30pm	Young Mums' Group	First Steps
1pm - 3 pm	Stay and Learn Session	Lord Street Nursery
1pm - 3 pm	Multicultural Link Group (Fortnightly)	First Steps
1pm - 3 pm	Mums 2be Group	First Steps

Fathers & Male Carers Groups

Dedicated Active Dads
Every 2nd Wednesday in the month
 At First Steps 4pm - 6.30 pm. For more information please call Mick on 01332 204895 or e-mail to mick.vernon@barnardos.org.uk.

Men Behaving Dadly 1st Saturday of every month for details of this group call Alan on 01332 574902.

Wednesdays		Venue:
9.30am – 11.30am	ESOL Course	First Steps
9.30am – 12pm	ECDL Computer Course	First Steps
9.30am – 11.30am	'Handling Children's Behaviour' Course	Nacro
10am - 12pm	Salvation Army Playgroup	Chellaston Road
1pm - 2.30pm	Messy Play	First Steps
1pm - 3 pm	Computers - Brush up your skills	First Steps
1pm - 3 pm	Child Health Drop in Clinic	Davenport Road Church
1pm - 3 pm	Children and Young People's Workforce—Level 2 Course	First Steps
1pm - 3 pm	Salvation Army Playgroup	Chellaston Road
1pm - 3 pm	'Handling Children's Behaviour' Course	Nacro
1.30 – 3pm	Play & Learn Behaviour Management with Claire 22 February (50p per family)	First Steps

Thursdays		Venue:
9am - 4 pm	Drop-in and interviews with Job Centre Plus	First Steps
9.30pm – 11.30am	Handling Teenage Behaviour Course	Nacro
9.30am – 11.30am	Numeracy Levels 1 and 2 course	First Steps
9.45am - 11am	PEEP for Babies	Lord Street Nursery
9.30am – 11.30am	Child Health Drop-in Clinic	First Steps
10am - 11:30am	Davenport Road Toddler Group	Davenport Road Church
9.30am-11.30am	Numeracy-Levels 1 and 2 Course	First Steps
1.00pm.3.00pm	Numeracy – Levels 1 and 2 Course	First Steps
2pm – 3.00pm	Breast Feeding Support Group	First Steps
1pm – 2.30 pm	Fun4Tots Group	First Steps
1pm – 3pm	Toy Library, each week loaning session	Lord Street Nursery

Fridays		Venue:
9.30am – 11.00am	PEEP One's	Lord Street Nursery
10am-11am	Baby Infant Massage (Adult Learning)	First Steps
1.30pm – 3pm	Introduction to Numeracy	First Steps



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Sinfin Children's Centre

Mondays

9.15am – 11.15am , Help Yourself – Help Your Child. An innovative literacy course to help you keep up to date with what your child will learn at school. Please see reception team for more information. **Bookings being taken.**

1.00pm– 2.30pm, Free Play Session. Drop-in and play for 0-5 years and their parents/carers. Starting from 16 January.

Tuesdays

Young Parents Group. Please contact Sarah for further details

Job Centre Outreach Advisor, 9.00am – 3.00pm

If you want support in looking for work and training please contact the centre.

PEEP 1's – Term time only, 9.30am – 11.00am

Please contact Hannah to register.

Breastfeeding Club, 1.30pm -2.30pm. For parents-to-be and proud breastfeeding mums with babies under 6 months old.

10.00am – 11.30am, Twinkle to Little Stars. 10 January – 7 February. Please call Marcia for details at Boulton Children's Centre on 01332 574902.

Fridays - Centre Closed.

Family Visitors are available at Alvaston Children's Centre 01332 757991.

Wednesdays

9.00am – 11.30am, Childminder's Drop In. For childminder's and their children.

9.30am to 11.30am, Parent's Forum Meetings, 2nd Wednesday of every month. - Your opinion counts – come and share your ideas.

10.00am – 11.30am, Tumble Time with Sarah. 11 January. For children 1yr – 18months. Soft play and movement.

10.00am -11.30am, Tummy Time-Drop in with Hannah. For babies under 1 years. Promotes muscle development. A great way to bond with your child.

1.00pm – 2.30pm, Stay and Play - INCORPORATING - Arts & Crafts and Toy Library. Alternate weeks starting with Toy library and then Arts & Crafts. For 0-5 year olds and their parents.

1.30pm – 3.00pm, Play and Learn Speech and Language – 7 March with Claire. A Stay and Play session with a twist. Join in the fun and also look at communication skills with your child. Ages 0-5

4.00pm – 5.30pm, Dad's/Male Carers Group. 1st Wednesday of every month. Fun activities for dads and their family.

4.00pm – 5.30pm, All About You – Therapeutic Massages, 1st Wednesday of every month. Drop Daddy off with the kids and come and get pampered! **BOOKING REQUIRED!**

Thursdays

PEEP 2's – Term time only, 1.30pm – 3.00pm

Dates and Times to be confirmed, Strengthening Families Strengthening Communities. An innovative parenting course for parents with children 0-8yrs Contact Hannah or Sarah to book onto this course.

Speech and Language Checks with Claire Hudson. 12 Jan – 8 March. Sinfin
Speech and Language Checks with Hannah Moon. 13 Jan – 9 March. Grampian